



1  
00:00:00,833 --> 00:00:05,004  
>> Good morning.

2  
00:00:05,004 --> 00:00:06,906  
This is Mission Control Houston.

3  
00:00:06,906 --> 00:00:09,308  
Welcome and thank you for  
joining us for today's edition

4  
00:00:09,308 --> 00:00:13,746  
of "Space Station Live"  
this Wednesday, August 21st.

5  
00:00:13,746 --> 00:00:16,215  
In a final preparation  
for tomorrow's spacewalk

6  
00:00:16,215 --> 00:00:19,718  
that will start outside the  
Pirs docking compartment,

7  
00:00:19,718 --> 00:00:22,988  
flight engineers  
Yurchikhin and Misurkin had

8  
00:00:22,988 --> 00:00:24,723  
to review their timeline  
with specialists

9  
00:00:24,723 --> 00:00:27,460  
on the ground this morning for  
their planned excursion again

10  
00:00:27,460 --> 00:00:30,096  
that is planned for  
tomorrow morning.

11  
00:00:30,096 --> 00:00:34,066

That spacewalk is to begin  
at 6:40 a.m. Central Time.

12

00:00:34,066 --> 00:00:37,336

The two cosmonauts will venture  
outside the orbiting complex

13

00:00:37,336 --> 00:00:40,206

to replace a laser  
communications experiment

14

00:00:40,206 --> 00:00:42,975

with a platform for  
the installation

15

00:00:42,975 --> 00:00:47,813

of a small optical telescope and  
also to remove a docking target

16

00:00:47,813 --> 00:00:49,648

from the Pirs docking assembly.

17

00:00:49,648 --> 00:00:53,419

The crew will also be inspecting  
the Vesda service module antenna

18

00:00:53,419 --> 00:00:56,889

covers to ensure they  
are securely fastened.

19

00:00:56,889 --> 00:00:59,558

This additional task coming  
after the crew discovered

20

00:00:59,558 --> 00:01:02,228

on Monday one of these  
antenna covers had come loose

21

00:01:02,228 --> 00:01:06,499

and floated away as you

can see here in this video.

22

00:01:06,499 --> 00:01:08,534

Misurkin also will  
have some time along

23

00:01:08,534 --> 00:01:10,703

with Space Station  
commander Vinogradov

24

00:01:10,703 --> 00:01:14,440

and flight engineer Chris  
Cassidy for a suited fit check

25

00:01:14,440 --> 00:01:17,243

of their customized body  
contoured seats inside their

26

00:01:17,243 --> 00:01:20,379

Soyuz spacecraft that brought  
them to the Space Station

27

00:01:20,379 --> 00:01:22,815

and is docked to the  
[inaudible] module.

28

00:01:22,815 --> 00:01:25,351

The trio, who arrived at the  
Space Station together back

29

00:01:25,351 --> 00:01:27,853

in March earlier this year,  
will don their [inaudible] suits

30

00:01:27,853 --> 00:01:31,257

and get into their tailor-made  
shock absorbing seats

31

00:01:31,257 --> 00:01:34,126

to ensure a safe and proper fit

before their scheduled return

32

00:01:34,126 --> 00:01:36,529  
to Earth next month  
in Kazakhstan.

33

00:01:36,529 --> 00:01:41,000  
In addition to preparing for  
his departure in a few weeks,

34

00:01:41,000 --> 00:01:43,502  
Cassidy is shown here  
in this video has worked

35

00:01:43,502 --> 00:01:47,406  
to replace a filter component  
for the water recovery system.

36

00:01:47,406 --> 00:01:49,975  
The water recovery system  
converts urine, sweat,

37

00:01:49,975 --> 00:01:53,979  
and condensation into  
drinkable water for the crew,

38

00:01:53,979 --> 00:01:57,550  
and flight engineer Luca  
Parmitano will perform regularly

39

00:01:57,550 --> 00:01:58,784  
scheduled maintenance

40

00:01:58,784 --> 00:02:02,188  
of the compound specific  
analyzer combustion products

41

00:02:02,188 --> 00:02:04,023  
that is used on the  
International Space Station

42

00:02:04,023 --> 00:02:07,860

as a warning monitor of  
smoldering or combustion events,

43

00:02:07,860 --> 00:02:12,031

and after any fire event, too,  
indicate toxic gas levels.

44

00:02:12,031 --> 00:02:15,201

Parmitano and flight engineer  
Nyberg also will work together

45

00:02:15,201 --> 00:02:18,938

to replace rope hardware within  
the onboard gym equipment known

46

00:02:18,938 --> 00:02:21,640

as the advanced resistive  
exercise device

47

00:02:21,640 --> 00:02:24,243

that simulates weight  
lifting here on Earth.

48

00:02:24,243 --> 00:02:25,678

Each of the crew  
members will then put

49

00:02:25,678 --> 00:02:28,814

in their daily two hours of  
exercise using onboard equipment

50

00:02:28,814 --> 00:02:32,718

that includes the station  
bicycle, the treadmill,

51

00:02:32,718 --> 00:02:36,722

and also an advanced  
resistive exercise device.

52

00:02:36,722 --> 00:02:38,123

The crew will then  
wrap up the day

53

00:02:38,123 --> 00:02:41,260

with a final daily planning  
conference with the ground

54

00:02:41,260 --> 00:02:43,996

and will then have time for  
dinner and personal wind

55

00:02:43,996 --> 00:02:46,699

down time before entering  
their sleep period.

56

00:02:46,699 --> 00:02:49,368

The crew will begin their  
sleep period early today